



Dear Families,

Thank you for choosing the South Shore YMCA's Family Camp program for your family's summer camping adventure! We are thrilled to be able to come together for a much-needed camp experience.

We hope you enjoy the activities available to you throughout the weekend - from rest and relaxation at our beautiful Spectacle Pond waterfront to daring pursuits on our newly refurbished climbing tower. Whether you have been to camp before or are new to our community, we look forward to helping you create lifelong memories with those you love! Please read through all of the information carefully. This guide contains everything you will need to know for the program ahead. If you have any questions, do not hesitate to contact us. We are here to make your experience at Camp Burgess as comfortable and pleasant as possible.

Sincerely,

The Staff at Camp Burgess & Hayward

SSYMCA Camp Burgess & Hayward
75 Stowe Road, Sandwich, MA 02563
(508) 428-2571



Check-In Day

Check-In is from 10:30-11:30am on Saturday, September 2nd 2023
At Camp Burgess: 75 Stowe Rd, Sandwich MA 02563

Our staff will welcome you to camp, and direct you to your cabin to get settled.
Please do not arrive before 10:30, as we will be busy preparing for the weekend!

Check-Out Day

Family Camp will officially end at 3:00 PM on Sunday, September 3rd 2023.

Please clean your cabin, and depart by 3:30 PM on Sunday, September 3rd 2023.

Thank You!

Cancellation Policy

Our Cancellation Policy:

- Deposits (\$150 per family camp session) are non-refundable and non-transferable under all circumstances.
- Cancel before August 11th, 2023 – program fees (less the deposit) are refundable.
- Cancel on or after August 11th, 2023 – 50% of program fees are refundable.
- Cancel within 14 days of program start date – No refund, except in case of medical necessity (documentation must be provided)

Financial Assistance & Payments

- Payment in full is due by August 11th, 2023. You can make payments through your online account.
- Financial assistance is available. The application can be found [here](#). Application must be received on or before August 11th, 2023 Please register online or call our office to register with a lower \$50 deposit, prior to applying. This ensures that space is held for you while we review your application.



PACKING LIST

Bedding & Linens:

We do not provide bedding or linens for the cabins. Please plan accordingly.

- Sheets/blankets or sleeping bag
- Pillows
- Towels

Essential Gear:

- _ Bathing suit
- _ Long pants
- _ Long sleeve t-shirts
- _ Pajamas
- _ Rain jacket
- _ Sandals/shower shoes
- _ Shorts
- _ Short sleeve shirts
- _ Sneakers or close-toed shoes (required for Climbing Tower)
- _ Socks
- _ Underwear
- _ Towel (for beach and shower)
- _ Windbreaker
- _ Sweater or fleece
- _ Reusable water bottle
- _ Sunglasses
- _ Sun hat or visor

- **Infant/toddler life jacket – if your child is under 50lbs, please bring a PFD for them. We supply PFDs for all other participants.**

Toiletries:

- _ Shampoo, conditioner, soap
- _ Toothpaste + toothbrush, floss
- _ Bug spray
- _ Sunscreen

Other Recommendations:

- _ Camera
- _ Chargers for electronic devices
- _ Beach chairs
- _ First aid kit
- _ Flashlight or headlamp
- _ Hammock
- _ Reading book
- _ Yoga mat
- _ Board games
- _ Lawn games (spikeball, kan jam, ladderball, corn hole, etc.)
- _ Picnic blanket
- _ Water toys

SAMPLE FAMILY CAMP SCHEDULE

Please note that this is a *sample* schedule, and the official schedule for the weekend will be available at check-in.

Saturday

10:30-11:30	Families check in & get settled in cabins		
11:30	Waterfront orientation & open waterfront		
12:30	LUNCH <i>Welcome & activity sign ups</i>		
2:00-5:00	Open Waterfront	Farm Tours 2-3:30	High ropes & Zip line
		Archery 3:45-5	
6:00	DINNER		
7-8	Sunset pontoon rides	Night Hike	
8:30	Campfire & S'mores		

Sunday

8-9	BREAKFAST			
9-12:15	Open Waterfront	Climbing Tower	High ropes & Zip Line	Arts & Crafts
12:30-1:30	LUNCH & SIESTA, Camp store is open			
1:30-3:00	Open Waterfront	Climbing Tower	Farm & Garden Project	Tour of Camp Hayward

GUIDELINES & EXPECTATIONS

General:

- Children (under 16) are to be accompanied by an adult at all times.
- Archery Range, Barn & Farm, Challenge Course, Climbing Tower, and all Waterfronts are off-limits unless a YMCA staff member is present.
- Firearms and illegal substances are not allowed on camp property. All buildings are non-smoking. Smoking is restricted to the parking lot; please dispose of butts properly.
- Pets are not allowed on camp property.
- Cars must be parked in the Parking Lot except for luggage loading/unloading during check-in and check-out.
- You are responsible for the medical needs of your party. In the event of a medical emergency, please call 911 and direct them to: 75 Stowe Road, Sandwich, MA 02563. Alert a YMCA Staff member that emergency personnel are on their way.
- Fires and fire pit areas on our property can be active only with YMCA coordination.
- Please perform tick checks every day.

Meals:

- Mealtimes during the weekend are 8 AM, 12:30 PM, and 6 PM—Please be on time to meals. Food will be available for 30 minutes after the meal begins.
- Some families choose to go out to eat for a meal during the weekend. This is not a problem at all, but please let us know if you are not planning to attend a meal so our chef can plan accordingly.
- We are able to accommodate most dietary restrictions.

Cabins:

- Camp does NOT provide linens, pillows, etc. All guests need to bring sheets, blankets, pillows and/or sleeping bags with them.
- Please sweep and empty cabin of personal items before departure
- Please keep exterior lights on for neighbors going to the bathroom overnight

Waterfront:

Please help us keep the waterfront a safe and fun experience for all by adhering to these rules:

- Waterfront is OFF LIMITS unless a YMCA lifeguard is present, and all families must attend the Waterfront Orientation before participating in scheduled Open Waterfront times.
- No one under 16 is allowed in the waterfront area without adult supervision from their parent/guardian.
- Personal Floatation Devices (PFDs) are required anywhere beyond the docks (including boats), for everyone, regardless of age



Cabin Options

When registering for Family Camp, you will reserve a cabin for your family. The cabins are the same as the cabins we use for summer camp. Here are the cabin types:

Modern Camp Cabins: \$540, includes up to 5 people

Cabins can hold up to 10 people, and additional people costs \$85/person. Our Modern Camp cabins are heated, insulated, and have electricity. The cabins are a short walk from the central bathhouse.



Large Island Cabins: \$820, includes up to 8 people.

Cabins can hold up to 14 people, and additional people costs \$85/person.

The Large Island cabins are a great option if you're planning to share the cabin with another family or would like more space! These cabins are like our Modern Camp cabins but are more spacious. The Large Island cabins are heated, insulated, and have electricity. The cabins are a short walk from the central bathhouse.

Rustic Cabins: \$260, includes up to 3 people.

Cabins can hold up to 10 people, and additional people costs \$85/person.

Our Rustic cabins are not heated or insulated and have a longer walk to the bathhouse. These cabins have electricity and are in a more secluded area of camp. Please note that these cabins have only screen windows.



FAQ

What are the cabins like?

- You will be staying in the cabins we use for summer camp. We have a few different types of cabins, with different layouts. Some cabins have divisions within them (i.e. a separate “room”, but without a door), while others are big open rooms. All our cabins have twin bunk beds, but have enough beds that most members of your party will be able to have a bottom bunk.

If we don't fill all the spaces in my cabin, will another family be assigned to share the cabin?

- No. You have reserved the whole cabin for your family.

I'm not sure yet exactly how many people will be attending in my group.

- Not a problem. We will reach out two weeks prior to Family Camp to confirm the number of people you expect to attend. Then, we'll make sure your account was charged for the right number of people.

I'm not sure what cabin type I selected, or if this was the right choice for my family.

- Send us an email! For the most part, the cabins are all fairly similar and appropriate for any family, but we're happy to talk to you about your cabin selection.

MAP OF CAMP



DIRECTIONS TO CAMP

To Burgess from off Cape (Route 3)

- Cross the Sagamore Bridge to Route 6 east and travel for 5.7 miles to exit 3 (Quaker Meeting House Rd)
- Turn right onto Quaker Meeting House Rd and travel 2.5 miles to Cotuit Rd (Traffic signal)
- Turn left onto Cotuit Rd and travel 0.3 miles to Farmersville Rd
- Turn left onto Farmersville Rd and Travel 1.1 miles to Stowe Rd
- Turn left onto Stowe Rd and travel 0.5 miles, Camp Burgess will be on your left.

To Burgess from Cape Cod (points East of Sandwich)

- Take Route 6 west to Quaker Meeting House Rd (exit 3)
- Turn left onto Quaker Meeting House Rd and travel 2.5 miles to Cotuit Rd (Traffic signal)
- Turn left onto Cotuit Rd and travel 0.3 miles to Farmersville Rd
- Turn left onto Farmersville Rd and travel 1.1 miles to Stowe Rd
- Turn left onto Stowe Rd and travel .5 miles, Camp Burgess will be on your left
- Turn left onto Stowe Rd and travel 0.5 miles, Camp Burgess will be on your left.

CAMP BURGESS IS LOCATED AT: 75 STOWE ROAD, SANDWICH, MA 02563

