



Dear Families,

Thank you for choosing the South Shore YMCA's Family Camp program for your family's summer camping adventure! We are thrilled to be able to come together for a much needed camp experience.

We hope you enjoy the activities available to you throughout the weekend - from rest and relaxation at our beautiful Spectacle Pond waterfront to daring pursuits on our climbing tower. Whether you have been to camp before or are new to our community, we look forward to helping you create lifelong memories with those you love! Please read through all of the information carefully. In addition to our traditional Memorial Day Family Camp (Saturday – Monday), we have added a Family Day Trip option! Family Day Trip allows you to join us for just the day on either Saturday or Sunday; a great option if you already have a packed Memorial Day weekend, but still want to come join us at camp for a bit. This guide contains everything you will need to know for both the Memorial Day Family Camp and Family Day Trip programs ahead. If you have any questions, do not hesitate to contact us. We are here to make your experience at Camp Burgess as comfortable and pleasant as possible.

Sincerely,

The Staff at Camp Burgess & Hayward

SSYMCA Camp Burgess & Hayward  
75 Stowe Road, Sandwich, MA 02563  
(508) 428-2571





# Memorial Day Family Camp

Family Day Trip Option

## **FAMILY DAY TRIP OPTION**

### **Check-in**

Check-In is from 11:00 – 11:30 AM on the respective day you signed up for (Saturday, May 23<sup>rd</sup> or Sunday May 24<sup>th</sup>, 2026)

At Camp Burgess: 75 Stowe Rd, Sandwich MA 02563

Our staff will welcome you to camp, and direct you to a location where you may set your items and get settled for the day of activities

Please do not arrive before 11:00 AM, as we will be busy preparing for the weekend!

### **Check-out**

Family Day Trip will officially end at 7 PM on the evening of your booked day

By which time, we'll have you gather up your items and depart camp.

Thank you!

### **Cancellation Policy**

Our Cancellation Policy:

- Cancel before May 1 – program fees are refundable\*
- Cancel on or after May 1 – 50% of program fees are refundable\*
- Cancel within 14 days of program start date – No refund, except in case of medical necessity (documentation must be provided)

### **Financial Assistance & Payments**

- Payment in full is due by May 1<sup>st</sup>, 2026. You can make payments through your online account.
- Financial assistance is available. The application can be found [here](#).



## PACKING LIST – FAMILY DAY TRIP OPTION

### Essential Gear:

- *Infant/toddler life jacket – if your child is under 50lbs, please bring a PDF for them. We supply PFDs for all other participants*
- Bathing suit
- Rain jacket
- Sandals
- Sneakers or close-toed shoes (required for Climbing Tower and ropes courses)
- Towel (for beach and shower)
- Windbreaker
- Reusable water bottle
- Sunglasses
- Sun hat or visor

### Toiletries:

- Bug spray
- Sunscreen

### Other Recommendations:

- Camera
- First aid kit
- Hammock
- Reading book
- Yoga mat
- Board games
- Lawn games (spikeball, kan jam, ladderball, corn hole, etc.)
- Beach chairs
- Picnic blanket
- Water toy

***SAMPLE* FAMILY CAMP SCHEDULE – FAMILY DAY TRIP OPTION**

Please note that this is a *sample* schedule, and the official schedule for Family Day Trip will be available at check-in.

11:00 – 11:30	Families check-in & get settled		
11:30	Waterfront orientation & open waterfront		
12:30	<b>LUNCH</b> <i>Welcome &amp; activity sign ups</i>		
1:00-2:00	Open Recreation/Self-Guided Activities		
	Volleyball Court, Basket Ball Court, Gaga Ball Pit, Soccer Field	Arts & Crafts	Hiking trails around the property
2:00-5:00	Open Waterfront	Farm Tours/Farm Project	Tour of Camp Hayward
		Archery 3:45-5	
5:00-6:00	Open Recreation/Self-Guided Activities		
	Volleyball Court, Basket Ball Court, Gaga Ball Pit, Soccer Field	Arts & Crafts	Hiking trails around the property
6:00	<b>DINNER</b> , Camp store is open		
7:00	Gather belongings and checkout. Families must depart premises by 7:00		

## GUIDELINES & EXPECTATIONS – FAMILY DAY TRIP OPTION

### GENERAL

- Children (under 16) are to be accompanied by an adult at all times.
- Archery Range, Barn & Farm, Challenge Course, Climbing Tower, and all Waterfronts are off-limits unless a YMCA staff member is present.
- Firearms and illegal substances are not allowed on camp property. All buildings are non-smoking. Smoking is restricted to the parking lot; please dispose of butts properly.
- Pets are not allowed on camp property.
- Cars must be parked in the Parking Lot except for luggage loading/unloading during check-in and check-out.
- You are responsible for the medical needs of your party. In the event of a medical emergency, please call 911 and direct them to: 75 Stowe Road, Sandwich, MA 02563. Alert a YMCA Staff member that emergency personnel are on their way.
- Fires and fire pit areas on our property can be active only with YMCA coordination.
- Please perform tick checks every day.

### Meals:

- Lunch and Dinner during the Family Day Trip Option Days (both Saturday and Sunday) are 12:30 pm and 6 pm—Please be on time to meals. Food will be available for 30 minutes after the meal has begun.
- We are able to accommodate most dietary restrictions.

### Waterfront:

Please help us keep the waterfront a safe and fun experience for all by adhering to these rules:

- Waterfront is OFF LIMITS unless a YMCA lifeguard is present, and all families must attend the Waterfront Orientation before participating in scheduled Open Waterfront times.
- No one under 16 is allowed in the waterfront area without adult supervision from their parent/guardian.
- Personal Floatation Devices (PFDs) are required anywhere beyond the docks (including boats), for everyone, regardless of age.



CAMP BURGESS IS LOCATED AT: 75 STOWE ROAD, SANDWICH, MA 02563

MAP OF CAMP

